










# FEBRUARY 2025

# Muscle Shoals Living Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>FEBRUARY IS HEART HEALTH MONTH</p>		<p><b>FEB. 3-5 NOMINATIONS FOR VALENTINE KING &amp; QUEEN</b>  <b>FEB. 7-12 VOTING FOR VALENTINE KING &amp; QUEEN VALENTINE PARTY &amp; CROWNING — FEB 14</b></p> 		<p><b>HAPPY BIRTHDAY in FEBRUARY to:</b>            Betty DeHart – 5<sup>th</sup>            Lindy Hill – 5<sup>th</sup> Sandra Bush – 6<sup>th</sup>            Frankie Kelly – 7<sup>th</sup> Jim Waddle – 15<sup>th</sup>            Joan Blackman – 20<sup>th</sup> Rosemary Christensen – 22<sup>nd</sup>            Hershell Butler – 26<sup>th</sup> Jessie Little – 24<sup>th</sup>            Usha Lakhani – 28<sup>th</sup></p>		<p>1 Ceramic Classes start back FEB. 5 12:00</p>
<p>2 Groundhog Day</p> 	<p>3 9:30 BINGO 10:00 Exercise 11:30 Health Talk with Janet <b>'Positivity' NOMINATIONS begin TODAY!</b></p>	<p>4 9:30 BINGO 10:00 Exercise 11:30 Ice Cream Floats</p> 	<p>5 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class w/ Lucy Swindle <b>Free Item Day 'Birds' Theme</b></p>	<p>6 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:45 Who's Who? Living Center Bingo</p> 	<p>7 9:30 BINGO, 10:00 COFFEE, HOT COCOA &amp; DONUTS 10:15 February Trivia <b>Voting begins TODAY!</b></p> 	<p>8 Ceramic Classes start back FEB. 5 12:00</p> 
<p>9 LIX SUPER BOWL 5:30PM</p> 	<p>10 9:30 BINGO 10:00 Exercise 11:45 Birthday Ice Cream Social Jan AND Feb!</p> 	<p>11 9:30 BINGO 10:00 Exercise 11:30 Bingo with Savannah Gentiva Hospice</p> 	<p>12 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class <b>Finish your item from last week</b></p>	<p>13 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:45 Bingo with Dylan <i>The Summit</i> 12:00 Bible Study</p> 	<p>14 9:30 BINGO 10:00 Penny Auction w/ Vicki Genesis Healthcare 12:00 Valentine's Party and Royal Crowning</p> 	<p>15 HAPPY VALENTINE'S DAY</p> 
<p>16</p>	<p>17 9:30 BINGO 10:00 Exercise 11:00 Lunch Out! Homeside Rest. Cloverdale Rd, Florence <b>*PRESIDENTS DAY*</b> <b>No meal delivery</b></p>	<p>18 9:30 BINGO 10:00 Exercise 11:45 Bingo with Elizabeth <i>Visiting Angels</i></p> 	<p>19 9:30 BINGO 10:00 Exercise 11:30 Penny Auction w/ Ericka Columbia Cottage 12:00 Ceramics Class <b>'Your Choice/Good Price'</b></p> 	<p>20 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:45 Presidents BINGO</p>	<p>21 9:30 BINGO 10:00 Blood Pressure checks w/ Kelli Centerwell Home Health</p> 	<p>22 BIBLE STUDY BEGINS FEB. 13 at 12:00</p> 
<p>23</p>	<p>24 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 11:45 Bingo w/ Kristen Enhabit Hospice</p>	<p>25 9:30 BINGO 10:00 Exercise <b>February is Cherries &amp; Chocolate Month!</b> 11:45 Indulge in BOTH</p> 	<p>26 9:30 BINGO 10:00 Exercise 10:30 MARCH Calendar Review 12:00 Ceramics Class <b>Finish last weeks item</b></p>	<p>27 9:30 BINGO 10:00 Exercise 10:30 CornHole! 11:30 Medicare Spotlight w/ Amanda Elledge 12:00 Bible Study w/ Sandy Campbell</p> 	<p>28 9:30 BINGO 10:00 Cinnamon Rolls and Old Wives Tales</p>	

